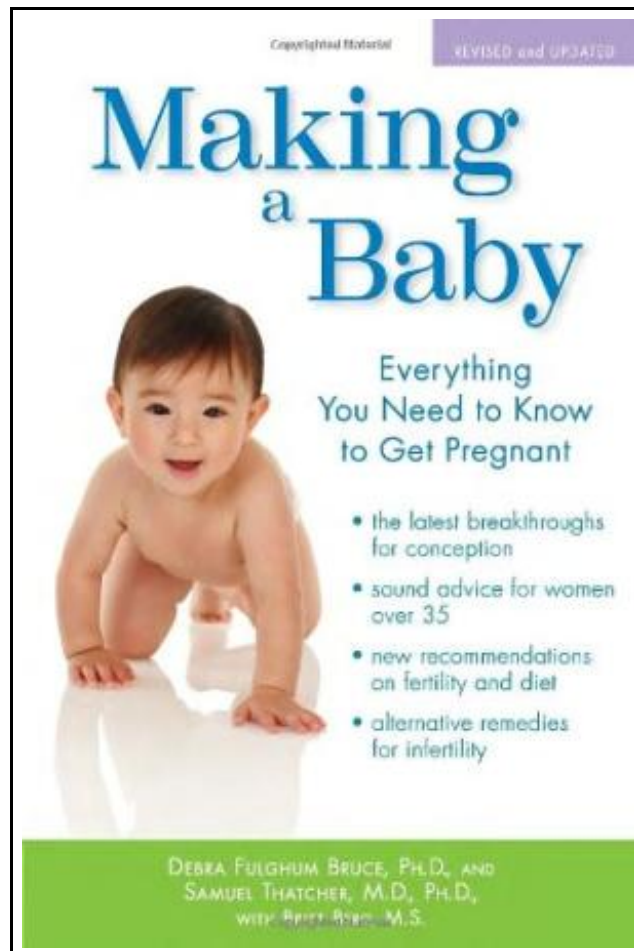


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Reviews

An extremely wonderful publication with lucid and perfect reasons. It typically will not expense too much. You are going to like the way the blogger compose this publication.

(Prof. Maya Hand)

MAKING A BABY: EVERYTHING YOU NEED TO KNOW TO GET PREGNANT



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Random House USA Inc. Paperback / softback. Book Condition: new. BRAND NEW, Making a Baby: Everything You Need to Know to Get Pregnant, Samuel Thatcher, Britt Berg, Debra Fulghum Bruce, You may have waited a long time. You may have tried and tried. Now your chances of having a baby are better than ever! There have been remarkable advances in fertility technology and choices in the last few years, with pregnancy success rates skyrocketing. Now Making a Baby provides the information you need to become your most fertile--and increase your chances for having the baby you've always wanted. Up-to-date, comprehensive, written with compassion and clarity, this book reveals how to protect, increase, and extend your fertility, with essential information on: - The optimal frequency, timing, and sexual positions for getting pregnant- Surprising new findings on which foods and exercise programs boost fertility--and which ones actually decrease your chances- Advances in baby-boosting medications--and a complete assessment of risks, costs, and alternatives- Breakthrough medical techniques that help achieve pregnancy without the risk of multiples- Avoiding the common--and often hidden--threats to fertility at work, at home, and in public places- Choosing the A.R.T. (assisted reproductive technology) that's right for you- Special issues for midlife mothers- What every man should know about his long-term reproductive health- How to minimize emotional stress and keep your relationship strong- How to work with your HMO to get the right treatments--at the right cost This detailed, insightful, and meticulously researched book will help guide you to a wonderful new beginning as a parent!.



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