



## The Happy Child

By Linda Blair

Paperback. Book Condition: New. Not Signed; Parenting is probably the biggest challenge any of us will face, and yet nobody has delivered the perfect formula to us help us out. Recognising this, clinical psychologist and parenting expert Linda Blair provides an easy to follow guide to parenting that is easily adaptable to individual circumstances. In THE HAPPY CHILD, Blair divides childhood into three stages of development: infancy, preschool and starting school. She concentrates on your child's psychological development and how to raise a happy, well adjusted child, as well as providing practical advice and addressing common problems which may arise. This is a book which both provides parenting guidelines as well as encouraging parents to trust their own instincts, and above all does not underestimate the challenges parents face. The foreword is by Ellen Winner, professor of child psychology at Boston College, specialising in gifted children and author of GIFTED CHILDREN (Basic Books). book.



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