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## **Surviving, Existing, or Living: Phase-Specific Therapy for Severe Psychosis (Paperback)**

By Pamela R. Fuller

Taylor Francis Ltd, United Kingdom, 2013. Paperback. Book Condition: New. 232 x 154 mm. Language: English . Brand New Book. For professionals working with people who experience severe psychosis, increasing empirical evidence for the benefits of psychotherapy for psychosis has been especially welcome. Given the limitations of medication-only approaches and the need for an expanded perspective, including for those diagnosed with schizophrenia, *Surviving, Existing, or Living* takes a fresh look at severe psychosis, offering a heuristic model for understanding psychosis along a continuum of severity, from the extreme experience of acutely impairing psychosis to a more enriched life experience. Pamela Fuller emphasizes that facilitating recovery from psychosis requires appropriately and effectively matching the type and timing of interventions to client readiness and capabilities. The need to consider each individual according to which of three primary issues/phases preoccupy the person with psychosis is essential for tailoring treatment. She identifies these phases as: *Surviving Phase* - preoccupation with survival *Existing Phase* - preoccupation with restriction of life experiences in order to cope *Living Phase* - preoccupation with quality of life and relationships *Surviving, Existing, or Living* examines the rationale for these three phases, and provides details of phase-specific treatment interventions as well...



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