



## Oil Pulling (Paperback)

By Sonja Y Larsen

Createspace, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This book is a must read for anyone who wants to detoxify and heal the body, and feel beautiful. What Is Oil Pulling? Oil Pulling is a natural health remedy that anoints the body from within using healthy, cleansing oils. When you swish coconut or sesame oil in the mouth for 20 minutes per day, you draw out toxins from the teeth, gums, and eventually the whole body. Both coconut oil and sesame oil are anti-bacterial, anti-fungal, and anti-viral. This is why teeth whitening works. It is an effective oral cleansing system. This Therapy Has Been Proven Safe and Effective for: Weight LossAcne and WrinklesGingivitis and Periodontal DiseaseCandida OvergrowthChronic FatigueIrritable Bowel SyndromeInflammationMany MoreDo You Have a Toothache or Bleeding Gums? Download the Book and Skip Down to Chapter 3---QUICK! Get results before your next dental visit. Don't wait until it's time to remove the tooth. Stop bacteria dead in its tracks. Get Your Glow OnMaster Oil Pulling with Easy Step-by-Step GuideThis short book contains first-hand tips to achieve success with oil pullingEasy-to Read Detox Chart matches emotions felt during cleansing with exact...



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