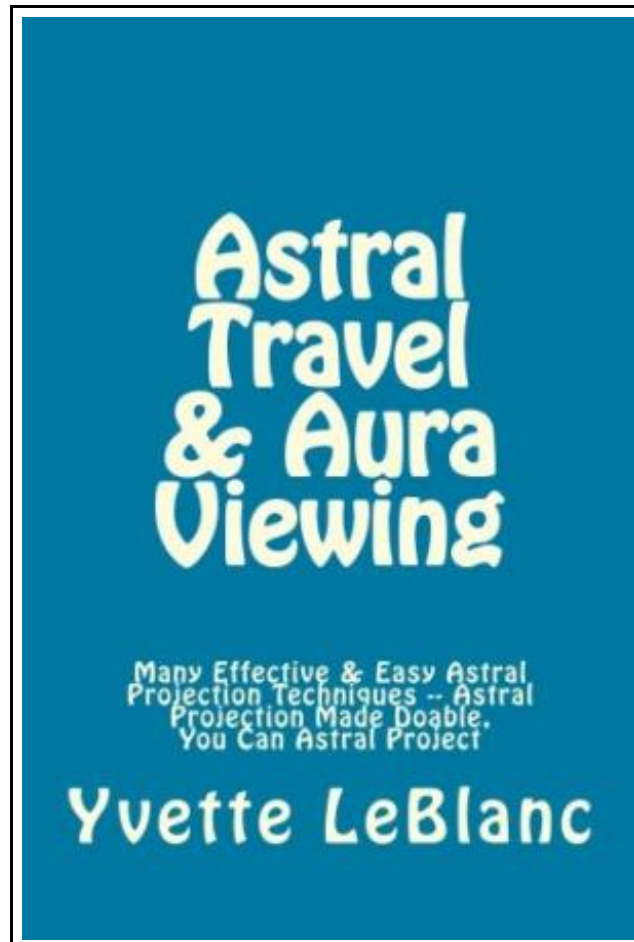


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Reviews

Extremely helpful to all of group of individuals. It really is loaded with knowledge and wisdom Its been designed in an extremely basic way and is particularly simply after i finished reading through this ebook where actually altered me, affect the way i believe.




(Lily Ryan)

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Yvette Anne Marie LeBlanc. Paperback. Book Condition: New. Paperback. 166 pages. Dimensions: 9.0in. x 6.0in. x 0.5in. Astral Travel and Aura Viewing: Spiritual and Effective Pathways. Reading my book and following the suggested techniques will change your life forever. It explains in detail how you can have exciting, unbelievable adventures to future, past and alternate lifetimes, to astral counterparts of physical objects and places, and to see your own magnificent aura. These things are doable without sniffing glue, eating hallucinogenic mushrooms, taking drugs, or performing weird sex. It takes no special talent to have these awesome, life-changing experiences only some time and determination. My methods involve deep breathing, calling out to God through chanting, and sacred meditation. The book is concise and basic. Here are some quotes: Part One, Definitions: The astral plane is a vibration of life that is highly emotional and visiting it can be a nightmare world of hell, a blissful journey to heaven, or one of many, many places in between. Normally, we project using an astral body. We possess different energies of all vibrations; and will, without realizing or making any effort, choose just the correct combination depending on the vibration of light needed for the journey. This astral energy can sometimes be seen and is called the aura. Part One, Astral Travel Basics: Don't get hung up with tedious, drawn-out methods to leave your physical body one body part at a time. You don't need to project an astral counterpart of your entire physical self. I suggest you simply project that part of you located between your eyes, that's where your true self is located anyway. The fastest and easiest way is to just be wherever it is you want to be. Don't even think about what you look like, that will just bring you...

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